

GO FOR OUR GOLD! GO FOR OUR GOLD! GO FOR OUR GOLD!



Great for dipping!

Chicken Breast Strips

COUNTRY MORNING GOLD
908 g, Frozen

7⁹⁹
each

Single Serve Chicken Entrees

COUNTRY MORNING GOLD
Heat & Serve, Breaded, Fully
Cooked, Selected Varieties
142 g, Frozen

1²⁹
each

All White Chicken Nuggets

COUNTRY MORNING GOLD
908 g, Frozen

2/12⁰⁰

CO-OP™ & THE MARKETPLACE™
PRESENTS...

GO FOR OUR GOLD!

DEALS
THROUGHOUT
THE STORE

Boneless Dry Ribs

COUNTRY MORNING GOLD
Selected Varieties
650 g, Frozen

7⁹⁹
each

CO-OP GOLD
Vegetable
Cocktail
1.89 L
Plastic



3/6⁹⁹

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

CO-OP GOLD
Moist & Delicious
Cake Mix
510 g

3/4⁹⁸

CO-OP GOLD
Creamy Frosting
450 g

2/4⁰⁰



CO-OP GOLD
Cranberry Cocktail
OR 100% Juice
Blends, 1.89 L

2/6⁹⁸

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



CO-OP GOLD
White Tuna
Solid or Flaked in Water
or Broth, 120-170 g

1⁸⁸
each



CO-OP GOLD Jam
or Marmalade
Selected Varieties
500 mL

3⁴⁹
each



CO-OP GOLD
Mini Crisps
100 g

3/4⁹⁸



CO-OP GOLD Red
Sockeye Salmon
213 g

2/5⁰⁰



CO-OP GOLD
Fine Grind
Coffee
925 g

6⁹⁹
each



CO-OP GOLD
Ground Coffee
Decaffeinated, 100%
Columbian or
Breakfast Blend, 326 g

3⁹⁹
each



CO-OP GOLD
Refried Beans
398 mL

1⁹⁹
each



CO-OP GOLD
Taco Kit
304 g

2⁹⁹
each



CO-OP GOLD
Soft Taco Kit
465 g

3⁷⁹
each



CO-OP GOLD
Taco Shells
135 g

1⁹⁹
each

CO-OP GOLD
Dill Pickles
Garlic, No Garlic
or Polskie
Ogorki, 2 L

4⁹⁹
each



CO-OP GOLD
Olive Oil
Traditional, Light
or Extra Virgin, 500 mL

5⁹⁹
each



CO-OP GOLD
Soft Margarine
907 g

2⁹⁹
each



CO-OP GOLD
Cheese Slices
Process Cheese Product, 1 kg

6⁹⁹
each



CO-OP GOLD
Cream Cheese
250 g

2/5⁹⁸



CO-OP GOLD
Sliced Strawberries
Canada Fancy
425 g, Frozen

2/5⁰⁰



CO-OP GOLD
Tomato Clam
Cocktail
1.89 L Plastic

2/4⁹⁸

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



CO-OP GOLD
Paper Towels
2 ply
6 Jumbo Rolls

6⁴⁹
each



CO-OP GOLD
100% Florida
Orange or
Grapefruit Juice
1.89 L

2/6⁹⁸

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



CO-OP GOLD
Angel Food
Cake Mix
Moist & Delicious
450-454 g

2/5⁰⁰



CO-OP GOLD
Syrup
750 mL

2/5⁰⁰



CO-OP GOLD
Orange Pekoe
Tea
144 Teabags

3⁹⁹
each



CO-OP GOLD
Natural Spring
Water
24 x 500 mL

3⁹⁹
each

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



CO-OP GOLD
Canned Fruit
US Bartlett Pears, Product
of California Fruit Cocktail
or Clingstone Peaches
Choice Grade, 398 mL

3/4⁹⁸

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



CO-OP GOLD
Fruit Bowls
4's

2/5⁰⁰



CO-OP GOLD
Cheese Spread
Process Cheese Product
1 kg

5⁹⁹
each



CO-OP GOLD
Mixed Vegetables
Canada Fancy
Stir Fry, Oriental or Asian
Blend, 1 kg, Frozen

3⁹⁹
each



CO-OP GOLD
Prince Edward
Mixed Vegetables
1 kg, Frozen

3⁹⁹
each



CO-OP GOLD
Oven Fries
1 kg, Frozen

2/4⁰⁰

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