

Frozen Food Features

Great Value and Selection!



Pillsbury Pizza Pops or Minis
1.11-1.2 kg
Frozen

6⁹⁹
each



McCain Cream Pies
340 g
Frozen

2/4⁰⁰



McCain Cool Quenchers
Frozen Concentrate
225 mL

99¢
each



Cool Whip
1 L
Frozen

2⁹⁹
each



BlueWater Fish & Chips
600 g
Frozen

4⁹⁹
each



McCain Hashbrowns
1 kg
Frozen

2²⁹
each



Breyers
Double Churn Real Ice Cream or Frozen Dessert
1.66-1.89 L

7⁴⁹
each



Frozen Novelties
Traditional Fudgsicle, Revello or Creamsicle, Fat Free/NSA Popsicle, Creamsicle or Fudgsicle, Firecracker Ice Pops OR Popsicle Slow Melt Pops
10-12 pack

3⁹⁹
each



CO-OP Soft Canola Margarine
454 g

2/3⁰⁰

Dairy Features

Island Farms Products may be substituted in Vancouver Island or Lower Mainland Retailers



Cool Whip
225 g Aerosol

2/5⁰⁰



Dairyland Yogurt
650 g

2/5⁰⁰



Dairyland Sour Cream
750 mL

2⁹⁹
each



Saputo Shredded Cheese Blend
320 g

5⁴⁹
each



Kraft Philadelphia Dips
227 g

2⁹⁹
each



Minute Maid Simply Apple or Orange
1.75 L Plastic

2/7⁹⁸

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



Pillsbury
Cookies, Selected Varieties, Cinnamon Rolls, Brownies OR Turnovers
351-468 g

2/5⁰⁰

Pillsbury
Crescent Dinner Rolls, 227 g Reduced Fat or 235 g OR Wiener Wrap, 200 g

2/3⁰⁰

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