

Frozen Food Features

Great Value and Selection!



Michelina's Pasta Entrées
Selected Varieties
142-284 g, Frozen

4/5⁰⁰



HARMONIE Ice Cream
4 L



4⁹⁹
each



Joy of Cooking Entrées
680 g
Frozen

7⁹⁹
each



CO-OP GOLD Fruit
Berry Blend or Fruit Medley
600 g, Frozen

4⁴⁹
each



CO-OP Apple Juice
355 mL
Frozen
Concentrate

4/5⁰⁰



CO-OP GOLD Orange Juice
355 mL
Frozen
Concentrate

2/3⁰⁰



CO-OP Meat Pies
200 g
Frozen

4/5⁰⁰



McCain Deep 'N Delicious Pizza
652-696 g, Frozen

5⁹⁹
each



CO-OP Vegetables
Broccoli, California Mix,
Cauliflower or Deluxe Mixed
1 kg, Frozen

2/6⁹⁸



CO-OP GOLD Pizza Bundles
1 kg
Frozen

4⁹⁹
each



McCain Cakes
510 g
Frozen

3⁹⁹
each



CO-OP Ice Cream Pops
24 Pack

4⁹⁹
each



CO-OP GOLD Cheese
Colby, Mozzarella or Mild, Marble,
Medium or Old Cheddar, 900 g

9⁹⁹
each



HARMONIE Canola Margarine
1/4 Squares or Soft, 1.36 kg

2⁹⁹
each



Black Diamond Cheestrings
16 Pack

4⁹⁹
each



CO-OP GOLD Shredded Cheese
340 g

5⁴⁹
each



Crisco Shortening
454 g

2²⁹
each



Pillsbury Dough Products
Country Biscuits, Soft Bread Sticks, Pizza
Crust, Crescent or Flaky Rolls
235-391 g

2/4⁰⁰



CO-OP Sour Cream
500 mL

1⁹⁹
each



Dairyland Whipping Cream
500 mL

2²⁹
each



**Dairyland Milk 2 Go,
Neilson Milkshake or
Nestlé Milk Shakes**
325 mL

2/3⁰⁰