

CO-OP

QUALITY & Freshness
EVERY DAY!

PRICING IN EFFECT MARCH 6 - 12, 2010
(DATES MAY VARY BY CO-OP)

Seedless Cucumber

Long English Variety
Canada No. 1
Produce of Canada

99¢ each



Baguettes
White, Sourdough or
Multigrain
270 g

1.29 each



Post Cereal
Selected Varieties
340-675 g
FIRST 4

4/10⁰⁰
WOW!



**CO-OP Apple or
Orange Juice**
1 L Tetra
FIRST 12

99¢ each
PLUS DEPOSIT & ENVIRONMENTAL FEE
WHERE APPLICABLE



CO-OP Canned Vegetables
Green or Wax Beans,
Corn, Peas or Peas & Carrots
341-398 mL

4/3⁰⁰

GO FOR OUR GOLD!



CO-OP GOLD Pizza
Thin or Rising Crust
422-925 g, Frozen

2/10⁰⁰

FREE
professional cookware
with bonus stickers



Earn stickers from
February 13 through July 2, 2010.
Redeem stickers through July 16, 2010
at participating food store locations.

how to collect your
FREE professional cookware

- SHOP** • Shop at your local participating CO-OP™ and THE MARKETPLACE™ food store between February 13 and July 2, 2010.
- COLLECT** • Receive one bonus sticker for every \$10 you spend, two bonus stickers for \$20 and so on. Attach the bonus stickers to the saver card.
- GET YOUR FREE COOKWARE** • When you have collected enough bonus stickers, exchange them for your free Thomas Professional Cookware.

