

CO-OP

PRICING IN EFFECT MARCH 13 - 19, 2010
(DATES MAY VARY BY CO-OP)

HAPPY
St. Patrick's
Day!

March
17

WIN A 2010
FORD MUSTANG GT
COUPE

*See in-store entry form for details.
At participating stores.



FRESHLY CORED
3.99
each
READY TO ENJOY!

Pineapple

Sweet, Juicy,
Ready to Eat
Large Size
Imported

2.99
each



Save **\$1.00** with Coupon
CO-OP GOLD or CO-OP Green Bathroom Tissue
12 Double, Ultra or 24 Rolls OR 2 ply 12 Double Rolls

3.98
with Coupon
FIRST 1

4.98
without Coupon
FIRST 2

Limit of one coupon per family purchase. Coupon expires March 19, 2010. Clip out coupon. Coupon valid at participating CO-OP™ and THE MARKETPLACE™ stores. Coupon must be presented to cashier at time of purchase. Cannot be combined with any other coupons or promotional offers. Only original flyer coupons will be accepted.

Maximum Coupon Value: \$1.00

PLU 2961



Lean Ground Beef

Ground Fresh Daily
from Canadian Beef
Warehouse Pack

4.39
/kg **1.99**
/lb



Nabob Ground Coffee

Organic or Tradition
915-930g
FIRST 2

7.99
each



Artisan Filone Bread

Multigrain Cranberry,
Roasted Onion, Rustic
or Cheddar, 285g

1.99
each



Kool-Aid Jammers or
Del Monte 100% Juice
10 x 200 mL, FIRST 3

3/5.97

PLUS DEPOSIT OR ENVIRONMENTAL LEVIES WHERE APPLICABLE



Becel
Margarine, 680-907g
FIRST 2

3.99
each

CO-OP GIFT CARDS



The ALL
Occasion
Gift